

# Discovering the Archangels: Guiding You on Your Path



# Introduction



Not only do we have at least one Guardian Angel watching over us, but we have the ability to connect with any of the angelic beings who are ready and able to help us in our daily lives.

Those I have coached and have done readings for seem to think that asking the angels to help them in their everyday life is petty. They seem to believe that utilizing the help from the angels is only for those who need medical miracles or need help during a dire situation. That really is not true. Utilizing all of our angelic beings for anything and everything in our lives is really acceptable.

From finding a front row parking spot at the mall, to helping with a medical emergency, our angels are there for us. Visualize that every star in the sky is an unemployed angel who needs to help us on earth, remember, no request is too big or too small. All we need to do is the following:

# Introduction (continued)

**SIT QUIETLY:** Find a place where you can sit quietly with no interruptions.

**BREATH DEEPLY:** When you let your breath out, imagine releasing out any of your doubts and insecurities that you have lingering in your mind.

**ASK:** The angels will not get involved unless you give them permission. Because of free will, the angels are not allowed to interfere with your life. You are the one who must make decisions on your life.

**LISTEN:** Notice any thoughts or feelings that are coming through while you are sitting quietly. Keep a journal next to you and write them down. It can be mental, physical, emotional, or spiritual feelings that are trying to get your attention.

**ALLOW:** Keep an open mind and open heart about the messages that are coming through. Try not to control the situation and stay out of your own way.

**BELIEVE:** Be aware and believe, truly believe, that you are deserving and capable to receive the messages from the angels.

**RECEIVE:** Be ready to receive the messages that are coming through. You may receive your message and/or guidance in a variety of ways. More than likely it is going to be a way that resonates with you. If you love music, you may hear a song that comes on that radio, while driving a license plate that has a message on it may appear to you, or while at the store you may see an image that captures your attention.

# Archangel – Michael

01

Michael is the Archangel of protection, guidance, and strength. Michael means, “He who is like God”.

02

Helps with: protection, direction, self-esteem, motivation, courage, commitment, faith, energy, vitality, life’s purpose and releasing fear.

03

Color Vibration is Brilliant Blue

04

Gemstone is Lapis Lazuli

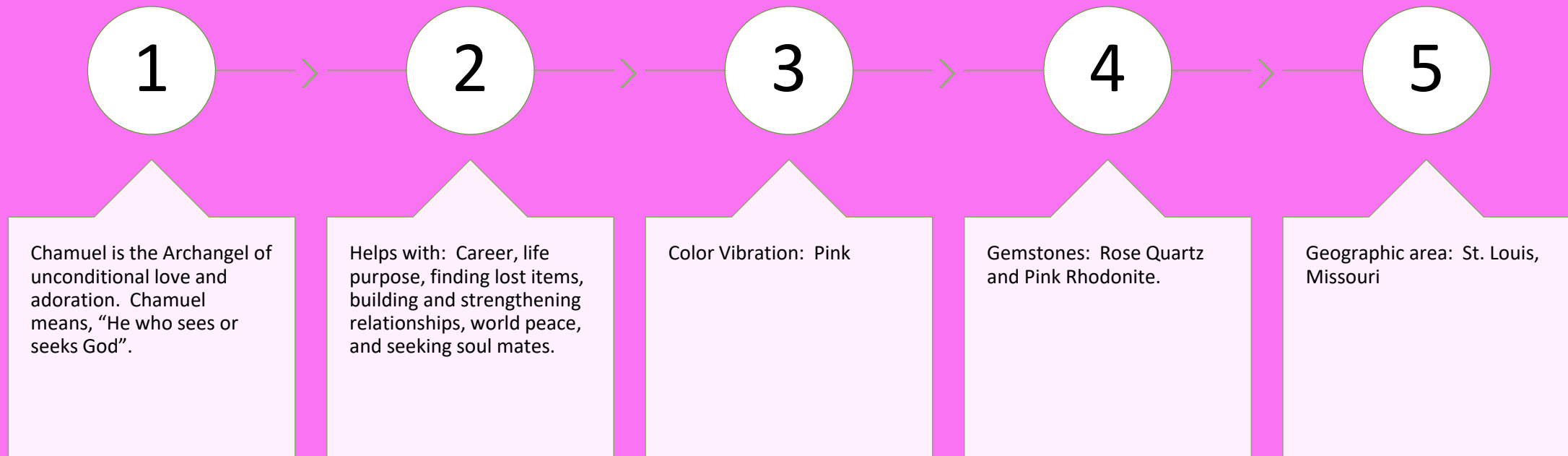
05

Geographic area: Banff near Lake Louise, Canada

# Archangel Jophiel

- Jophiel is the Archangel of creativity, beauty, and art. Jophiel means, “Beauty of God”.
- Jophiel helps with: Manifesting more beauty in our lives through our thoughts, supporting artists and artistic projects, interior design and decorating, releasing prejudice and ignorance, awakening, self-awareness, inspiration, hope, and joy. Helps those who feel spiritually lost, depressed, or in despair.
- Color Vibration: Golden Yellow
- Gemstone: Citrine
- Geographic area: Near Lanchow, North Central China

# Archangel Chamuel



# Archangel Raphael

Raphael is the Archangel of healing. Raphael heals physical bodies, as well as mental, emotional, and spiritual bodies. Raphael means, “God heals” or “God has healed”.

Helps with: Eliminating or reducing addictions and cravings, healing on all levels, guidance and support for healers, physical and spiritual eyesight, clairvoyance, and finding lost pets.

Color Vibration: Green

Gemstones: Jade, Aventurine

Geographic area: Fatima, Portugal

# Archangel Gabriel

Gabriel is the Archangel of communication and is known as the Messenger Angel. Gabriel means, "God is my strength".

Helps with: Communication in any area, TV and radio work, adoption, child conception and fertility, journalism and writing.

Color Vibration: White


Gemstones: Moonstone,  
Clear Quartz

Geographic area: Between  
Sacramento and Mt. Shasta,  
California



# Archangel Uriel

- Uriel is the Archangel that illuminates situations, gives prophetic information, and offers transmutation. Uriel means “God is Light” or “God’s Light”.
- Helps with: Insight, clarity, peace, vision, problem solving, writing new ideas, study, and tests.
- Color Vibration: Ruby Red
- Gemstones: Amber, Ruby
- Geographic area: Tatra Mountains, Near Kracow, Poland



# Archangel Zadkiel

- Zadkiel is the Archangel of forgiveness, mercy, and benevolence. Zadkiel means “Righteousness of God”.
- Helps with: Forgiveness of self and others, emotional healing, compassion, freedom, finding lost objects, and memory.
- Color Vibration: Violet
- Gemstone: Amethyst
- Geographic area: Cuba

# Conclusion

- Seek the help of your Spirit Team, everyday. Your Spirit Team consists of any or all of the following:
  - ♥ Guardian Angels;
  - ♥ Loved ones and friends who have passed away;
  - ♥ Archangels;
  - ♥ Angels;
  - ♥ The God of your understanding; and/or
  - ♥ Your own Spirit.